

HOW TO USE EXERGEN TEMPORAL ARTERY THERMOMETERS



1

Remove any coverings or hair from the forehead.



2

Place the thermometer probe flat on the center of the forehead.



3

Make sure the probe of the thermometer touches the skin.



4

Press and hold the button. Slide the probe in a straight line across the forehead to the hairline.



5

Lift probe from the forehead and touch the soft depression behind the earlobe.



6

Release the button. Read and record the temperature.

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**SCAN THE QR CODE FOR
INSTRUCTION VIDEOS.
FOR MORE INFORMATION
PLEASE CONTACT US:**

+1 617 923 9900

INTERNATIONAL@EXERGEN.COM

INTERNATIONAL.EXERGEN.COM

EXERGEN CORPORATION
400 PLEASANT STREET
WATERTOWN, MA 02472
USA

TIPS FOR CLEANING EXERGEN TEMPORAL ARTERY THERMOMETERS

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CHECK IF PROBE LENS IS CLEAN

Low temperature readings are usually the result of a dirty lens.



CLEANING THE SENSOR LENS

- Clean probe lens regularly (once every week) to maintain accuracy.
- Avoid abrasive cleaners or soaking the thermometer.
- Let probe lens fully dry before next use.
- Inspect regularly for damage. Do not use if damaged.
- Use alcohol wipes (be sure the alcohol does not contain any ointment) or a cotton swab moistened with alcohol.
- Regular cleaning of the lens is crucial as it is made of a special infrared transmitting material. Any dirt or residue can interfere with infrared transmission and affect readings.
- Gently clean the lens with a cotton swab moistened with an alcohol wipe. Apply only light pressure to avoid damage.
- Water may be used post-cleaning to remove any residual alcohol film. Never use bleach or other harsh/ non-harsh chemicals on the lens.



ADAPTING TO LOCAL STANDARDS

While the cleaning instructions provided are widely applicable, it's crucial to recognize and adapt to the cleaning standards and practices specific to different regions. For example, in countries like Germany, the use of non-alcoholic cleaning agents is a common practice for disinfecting portable medical devices.



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HOW TO CLEAN AND DISINFECT EXERGEN TEMPORAL ARTERY THERMOMETERS

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-  Use any of the approved disinfectants in use by the hospital to wipe down the thermometer's case and head.
-  Always point the probe head down while cleaning or disinfecting to prevent corrosive cleaners from reaching the sensor lens.
-  Avoid immersing the device in fluid or subjecting it to autoclave conditions.
-  Exergen's "Super Plastic" prevents corrosive cleaners from cracking the case or head, allowing for reliable service for its lifetime. The following disinfectants are commonly used:
 - DisCide Ultra Disinfecting Wipes
 - Hydrogen Peroxide
 - Isopropyl Alcohol 70%
 - Minncare
 - Oxivir
 - PDI Sani-Cloth Plus (Red Top)



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TIPS FOR ACCURATE MEASUREMENT

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Wait 30 seconds after a patient has come indoors from hot or cold environment.



Measure on the side of the forehead exposed to room air, not on the area pressed against a pillow.



Repeat measurement if reading seems inconsistent or abnormal.



Low temperature readings are usually the result of a dirty lens.



Practice consistent technique for optimal accuracy.



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